

WHEN DO I HAVE TO FILE A CLAIM?

Connecticut law provides an employee with one year from the date of the injury to file a written notice of a claim for compensation with the employer and the Workers' Compensation Commission, or three years from the date of the first manifestation of an occupational illness. While there are certain exceptions to filing a written notice, the only safe course of action is to file a Notice of Claim, or a 30C, in writing, by certified mail to both the employer and the workers' compensation commissioner in the relevant district.

In addition, the employee has a separate duty to immediately report the injury to his employer. If an employee fails to immediately report the injury to his employer, the commissioner may reduce the amount of the compensation award. There is an increased likelihood that the employer will contest the claim if you wait to report the injury.